



REGAL
FINANCIAL GROUP
DAYTONA BEACH



Russell Thompson

*Founder and President of H&R Insurance and Financial Services,
Registered Investment Advisor*

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“If you don’t find a way to make money while you sleep, You will work until you die.” – Warren Buffet

Russell’s love of the financial markets and keen observations of the market cycles combined with his love of educating, dedication and drive to out-work and over-achieve for his clients, make him uniquely qualified to help you reach your financial objectives. In 2014, after 24 years in the industrial construction and steel working industry and fighting MMA professionally, Russell, after recognizing that many of his friends and family were both unprepared financially and underinsured for the risks that can destroy a lifetime of asset accumulation, made the decision to transition his career to financial services. Since that time Russell has developed a multi-step process he shares with you to establish financial goals and uncover risks, develop a plan to achieve your goals and address risks, and implement and monitor your plans to completion.

Russell resides in Daytona Beach where in his free time he enjoys weight lifting, Brazilian Jiu Jitsu, playing golf, spending time at the beach and live music. He also has a passion for motorcycles and often spends time attending local bike events.

Anchored by the believe that “if you don't find a way to make money while you sleep, you will work until you die” Russell and Regal Investment Advisors best serve clients that:

- Are business owners and are in need of establishing or updating their retirement and business succession plans.
- Find their net worth has exceeded the estate tax exemption and desire a plan to efficiently transfer their estates to their beneficiaries.
- Are or will soon be retiring and desire a plan to consolidate and transition their assets into a portfolio designed for their lifetime income needs.
- Would like to review the existing life insurance plans and annuities to make certain they are both up to date and adequate for their current and future needs.

Many of Russell’s best client relationships have been related to:

- Business owners and employees of general contractors and contractors.
- Plastic Surgeons, weight reduction clinics, fitness, and health and well-being.
- Individuals within five years until retirement or recently retired.
- Introductions to the family, friends of existing clients that can benefit from our services.

Contact Russell today to schedule a free initial consultation or no-cost review of your existing retirement and insurance plans today.
Call **386-679-4880** or email r.thompson@regalfin.com.